



CERTIFICATE OF PARTICIPATION

This is to certify that

Carien Papenfus

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:28:35

PACE 07:48/km

GENDER 160 of 271

OVERALL 509 of 834

SENIOR (20- 79 of 134 39)



08 July 2023, Sat

Date

BoutTime

Signature